



GALATIANS

DEEPLY ROOTED FREEDOM

GALATIANS 5:16-26

GETTING STARTED...

The Fruit of the Spirit is a classic Sunday School lesson. If you grew up going to Sunday School, you probably had to memorize this list, maybe even made up a song for it. However sometimes our familiarity with a list like this can dull our senses to the incredible transformation that Paul is describing! When we trust in Jesus, our lives no longer look the same, as we follow the Holy Spirit, our lives will continue to change. This is not merely a list of things we should be looking for, but a promise of what God will do in our lives as we trust and follow Him. So rather than seeing a list of characteristics we need to work for, we have a list of promises that come to all who trust in Him! So let us fight to take hold of what God has promised!

READ THE TEXT: GALATIANS 5:16-26

¹⁶ But I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. ¹⁸ But if you are led by the Spirit, you are not under the law. ¹⁹ Now the works of the flesh are evident: sexual immorality, impurity, sensuality, ²⁰ idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, ²¹ envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, self-control; against such things there is no law. ²⁴ And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

²⁵ If we live by the Spirit, let us also keep in step with the Spirit. ²⁶ Let us not become conceited, provoking one another, envying one another.

UNDERSTANDING THE WORD

1. In verse 17, what are the things “you want to do”? How does walking by the Spirit keep you from them?
2. Paul contrasts the works of the flesh with the fruit of the Spirit. Discuss how each fruit of the Spirit leads us away from the works of the flesh?

REFLECTING ON THE SERMON

3. What was the main point of the sermon?
4. What has God been impressing on your heart from the sermon?

APPLYING THE POINT

5. How do we fight against sin without falling into the trap of working for our salvation?
6. How should we “walk by the Spirit”? What does that practically look like in your life? How can we grow in this?
7. Where do you see the fruits of the Spirit active in your life? Where you find them lacking? How can you pursue them?

PRAYING & SHARING

1. How can you share what you have learned with... another believer? An unbeliever?
2. Share and pray for one another in your life group. How can you specifically pray for and encourage one another in response to this text?



How to Use this Guide

This guide is intended to help facilitate Promontory Small Groups as they meet to understand the Bible passage, discuss the sermon, and how to put it into practice in our lives. What is contained in this guide is not an exhaustive text analysis nor a full list of questions that can or should be asked during Small Group. This is simply a guide to help **start conversations that are centered on the Word of God**.

The Small Group Guide is separated into three main sections that are arranged with an intentional order: *Understanding the Word*, *Reflecting on the Sermon*, and *Applying the Point*. We want to first understand the Word of God, and then check that understanding by what has been preached, and then discuss how to put it into practice in our own lives. The order is intended to imitate the process of how the Word of God makes changes in our lives. Head, heart, hands, and all of it wrapped in prayer.

Our goal is not that you answer every question in this guide, but that you are able to discuss the Word of God in a way **that helps everyone follow Jesus together!**

*“Great are the works of the LORD,
studied by all who delight in them.” - Psalm 111:2*